



RENAISSANCE HOUSE OFFERS A HOME ENVIRONMENT WHERE WOMEN GAIN CONFIDENCE AND SELF-SUFFICIENCY THROUGH COMPREHENSIVE SUPPORT AND TRAINING

Women's Transition Project dba Renaissance House

Holistic Treatment

Renaissance House works with the whole person. We believe addiction is a biological, psychological, spiritual and social problem. While many treatment programs offer psychological assistance, Renaissance House has always offered more.

Now we are pleased to be able to add nutrition education, Acudetox and nutritional supplementation to our program. A holistic approach means we believe that people are prone to healing and that they possess the power to heal if given the necessary tools and ingredients. In addition to other education we offer, we now educate residents on how to assist their bodies in the repair of damage done during drug use.

By feeding themselves the raw materials for repair, residents will feel better faster and make permanent internal changes that will not only make them stronger generally, but will actually assist them with abstinence.

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Community Comes Together to "Rebuild" Renaissance House

Over twenty-five Bisbee residents gathered at Renaissance House, September, 29, 2007, to put in a full day of work engaged in carpentry, painting, electrical work and landscaping. It was a day that resulted in significantly improving the function and aesthetics of the House.

The event was sponsored by the Bisbee Chapter of Rebuilding Together. This organization recognizes that the rising cost of living and falling social service budgets have left some of its community's most vulnerable neighbors without the most basic of necessities including a warm, safe and dry home.

By identifying the local challenges associated with these issues Rebuilding Together organizes work Teams annually to improve the homes and living standard of those who are least able to do so.

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Wellness In Recovery Project Comes To Life!

Renaissance House's new Wellness in Recovery Project has been received with great response! It is comprised of Tai Chi, Qigong, Yoga, Acupuncture, Reiki, Creative Movement, Modern Dance, and Low-Impact Aerobics. All of these are taught and practiced for their customary benefits as well as their benefits in detoxification. Our clients are exposed to introductory levels of these arts and fitness activities – emphasizing the philosophies, practices, and benefits of mind, body, and spirit. The Wellness in Recovery Project has added a facet to our program that did not exist prior to its creation. It has been like a missing piece to the puzzle.

"I don't need substances to make me forget about everything. Now I can look at life through a new set of eyes... I feel stronger and healthier and happier... Thanks for teaching me all those things that I can do for myself..." – A.M.

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Belleza To Launch Online Gallery

The Belleza Gallery, a wholly owned subsidiary of Renaissance House, will be entering the realm of e-commerce with the launch of its Online Gallery scheduled to open for business November 14, 2007.

The Belleza Gallery, located on Main Street in downtown Bisbee, AZ, is recognized as one of southeast Arizona's preeminent fine art galleries. Belleza features local and nationally renowned artists with works that range from \$200 to \$7,500.

All net proceeds generated from the Gallery are dedicated to Renaissance House for the housing and substance abuse recovery of its homeless women. Last fiscal year (July 2006 to June 2007) the Gallery generated \$220,000 to support Renaissance's efforts.

This fiscal year the Gallery is expected to play an even more important role in sustaining the House's vital work. In October alone the Main Street Gallery more than doubled sales over

the same period last year...truly a testament to the exceptional art and values offered to patrons.

The Online Gallery will offer the same extraordinary selection of fine art found in the Main Street Gallery. Additionally, free shipping and no interest payments are oftentimes available. Whether one is a seasoned collector or a first time buyer, Belleza will work with art lovers to assure that they are delighted with their purchase.

Readers are urged to visit the new Belleza Online Gallery at <http://www.bellezagallery.org>. We are convinced that visitors will find the site a marvelously eye-appealing showcase for Belleza's full selection with works from twenty gifted artists arranged for easy navigation and viewing.

Renaissance House is confident visitors to the Belleza Online Gallery will find just what they are looking for to add a new dimension of pleasure to their home and office, or as a gift...while making it possible for the House to continue its mission of healing homeless, drug dependent women.

Executive Director Reflections

GRATITUDE

by Vicki French,

Executive Director and Clinical Director

Renaissance House has had a rewarding year. It is heartwarming to look back on the changes and progress the program has made. During this time of Thanksgiving, I am reminded of how, earlier this year, one of our residents suggested we make a gratitude list. Her simple idea of focusing attention on positive aspects of the house resulted in residents and staff looking for reasons to be grateful. The results have been wonderful. Personally, I have been encouraged and inspired by focusing on the people who offer so much to the overall program.

Staff

As a licensed residential treatment facility, The Renaissance House must have staff on site (and awake) 24 hours a day 7 days a week. The ten regular staff members who work in the house, cover the time 365 days a year including holidays. They cover for one another when someone is sick or on vacation. They are not merely present, but available to the residents to listen, solve problems, provide transportation, educate and support whenever needed. Of course they have regular duties such as facilitating groups, monitoring phone calls, making sure chores

are completed, filing, checking visitors and incoming belongings, and making sure everyone is safe and accounted for. Evening, night and weekend staff is often on duty alone and must make decisions about emergencies or other urgent situations and answer hundreds of resident's questions. I am ever thankful for the competent, compassionate staff at the Renaissance House. They are: Collette Campbell, Heather Gijanto, Pat Hubred, Jean Mason, Caroline Raven, Joy Stewart, Susan Taylor, Angie Martinez, J. J. Sturdevant, and Gina Wise. They faithfully serve the women day in and day out.

We are also blessed with contracted staff who instruct the women in building furniture. In addition to being master builders with multiple years of experience, Sam Presley and Grady Meadows teach the women how to use power tools and interact appropriately with men. These two gentlemen give their time fixing things around the house, often eating dinner with the women and taking the women on bike rides and stair climbs.

Nik Vauters is a familiar face around Bisbee. She also contracts with Renaissance House to provide yoga/tai chi instruction. Research supports the impact that yoga has on substance abuse recovery. These poses, forms and stretches assist the residents in focusing their brain and body, finding calmness and

eventually being able to meditate. Tai chi also builds strength and stamina. Nik assists the women in more than this. She is always available to talk about personal issues, medical concerns or any area where a resident needs support. She has a knack for quickly and easily earning the women's trust.

The gallery is a new arena for many residents. It provides the opportunity to interact with the public, learn QuickBooks skills and gain appreciation for art and artists. Lou Anne Sterbick-Nelson provides instruction, role modeling and spiritual support for the residents. Her expert marketing skills and glamorous presence is inspirational to us all. Her sales at the gallery also provide critical operating income for the Renaissance House.

Our behind-the-scenes business manager is Stephanie Money. She not only keeps books, but keeps us all on track with the many contract requirements, reports, and legal obligations of the business. She wades through instructions and material few of us understand. I'm so grateful she is using her skill to manage the business end of the Renaissance House.

Community volunteers

I am consistently overcome with gratitude for the support The Renaissance House receives

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Holistic Treatment

FROM PAGE 1

People often leave treatment sober, but still experience depression, insomnia, mood swings, irritability, cravings and anxiety. Many are even suicidal. Using drugs and alcohol to relieve these conditions is understandably appealing. Research has found that the use of nutritional supplements, specifically amino acids can alleviate many of these symptoms. The supplements are relatively inexpensive and can be purchased over the counter. With the consent of their primary care physician, the residents can begin taking the supplements and make adjustments and reductions as they feel improvement.

Acudetox is one more way we are helping women to be successful. Acudetox comes from Chinese medicine. A modified version of acupuncture, it is focused on five points

Community FROM PAGE 1

This year Renaissance House was a grateful recipient of this outstanding organization's generosity and talent. The day of rebuilding was led by Grady Meadows, a Rebuilding Together member and professional contrac-

tor. He was joined by Bisbee residents as well as the Renaissance House Staff, Board and residents who brought their own set of abilities and energy to the project. During the day neighbors who happened to witness the feverish activity dropped what they were doing to pitch in.

The improvements made to the residence are much too numerous to detail here. However, significant improvements were made to the House's vegetable garden which included rebuilding the tool shed and clearing and landscaping the area. The House was essentially swarmed with workers who replaced damaged siding, added electrical fixtures inside and out, patched and repainted walls, added crucial shelving to the pantry and executed a myriad of repairs.

The result is a much more fully functional house as well as a residence that can offer a significantly improved environment for its women and children.

in the outer ear. The National Acupuncture Detoxification Association website states Acudetox improves "patient outcomes in terms of program retention, reductions in cravings, anxiety, sleep disturbance and need for pharmaceuticals." Renaissance House is interested in helping residents improve their health in any way possible. The treatment we offer is cutting-edge and otherwise available to wealthy individuals through the best for-profit programs around the country. We believe that the homeless women whom we serve deserve the best treatment, as well, and we are proud to offer it to our clients.

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2006-2007 Annual Report

July 1, 2006 - June 30, 2007
Women's Transition Project, Inc.
dba Renaissance House
Audited Financial Statement

STATEMENT OF FINANCIAL POSITION

For the Year Ended June 30, 2007

ASSETS

Cash and Equivalents: \$127,059
Contracts Receivables: \$48,611
Prepaid Expenses: \$13,655
Property and Equipment (at cost less accumulated depreciation of \$53,081): \$249,501

TOTAL ASSETS: \$438,826

LIABILITIES AND NET ASSETS

Accounts Payable: \$5,755
Accrued Expenses: \$4,809

TOTAL LIABILITIES: \$10,564

NET ASSETS

Unrestricted: \$428,262

TOTAL NET ASSETS: \$428,262

TOTAL LIABILITIES AND

NET ASSETS: \$438,826

STATEMENT OF ACTIVITIES

For the Year Ended June 30, 2007

REVENUES AND SUPPORT

Program Service Fees:
Arizona Dept of Housing-HUD: \$117,166
SE Arizona Behavioral Health Svcs:
\$235,907
Arizona Dept of Economic Security:
\$29,657

Belleza Gallery/Southwest Skies: \$113,964

Foundation Grants: \$398

Contributions - Cash: \$38,597

Resident Rents: \$4,145

United Way: \$4,650

Interest Earned: \$4,698

FEMA: \$1,253

Gain on Sale of Asset: \$539

TOTAL REVENUES & SUPPORT: \$550,974

FUNCTIONAL EXPENSE

Program Services:
Shelter and Supportive Services:
\$349,032
Vocational Education and Tng: \$174,134

TOTAL PROGRAM SERVICES: \$523,166

GENERAL AND ADMINISTRATIVE: \$55,505

TOTAL EXPENSES: \$523,166

DECREASE IN NET ASSETS: \$(27,697)

NET ASSETS, Beginning of Year: \$455,959

NET ASSETS, End of Year: \$428,262

STATEMENT OF FUNCTIONAL EXPENSES

For the Year Ended June 30, 2007

(Including Renaissance House program,
Belleza Gallery, Southwest Skies Woodwork-
ing business, general and administrative)

Compensation: \$333,906

Employee Benefits: \$15,508

Payroll Taxes: \$33,998

**TOTAL COMPENSATION AND
RELATED EXPENSES: \$383,412**

Advertising: \$13,237

Food: \$7,002

Supplies: \$14,173

Insurance: \$6,223

Office: \$13,665

Legal and Accounting: \$5,810

Rent: \$24,476

Repairs and Maintenance: \$3,972

Staff Training: \$1,996

Depreciation: \$12,320

Telephone: \$7,098

Transportation: \$10,751

Utilities: \$16,170

Program Contractors and Supplies:

Taxes - Sales: \$109

Taxes - Licenses and Permits: \$1,915

Miscellaneous: \$1,747

TOTAL: \$578,671

A complete audit report is available upon request at Women's Transition Project, dba Renaissance House,

240 O'Hara Street/PO Box 943, Bisbee, AZ 85603, Phone: 520-432-1771, Fax: 520-432-4703, Web: www.renaissance-house.org.

Gratitude FROM PAGE 2

from the community of Bisbee. Laura Smith from the Bisbee Food Co-op visits the house every other week to meet with residents to discuss health, nutrition, natural remedies and products that can enhance their lives. Janice Wiese comes weekly to give Reiki sessions to any resident or staff who is interested. Pattie Bell Carlson from the Letson Loft Hotel also visits residents and brings a healthy lunch she prepares. She discusses healthy food choices, shopping options and weight management strategies with the women. Kate Bishop stops by to encourage and uplift the women with a psychic reading. Charlie One Horse Hill and Gabriel Saspe offer a unique sweat lodge experience for the residents on a regular basis.

Eva Whittaker teaches the women to grow sprouts in the kitchen. This inexpensive

food source is high in protein and nutrients needed for recovery. Local artist Carolyn Toronto comes by the woodshop and teaches the women to paint flowers on the furniture. Beth Colburn from Cochise Community College came by (with a broken foot) to discuss how the residents can obtain financial aide to begin their education for a career in health care. She informed them they can do it without taking out loans.

Many women from Bisbee's AA community have given loving acceptance and sponsored the residents at The Renaissance House. They provide assistance and support after the residents graduate as well. Many talented volunteers from Rebuilding Together gave their time to contribute manual labor making home and garden improvements.

Residents

I am grateful for our residents. Like the woman who offered such keen insight about

keeping a gratitude list, they display wisdom and courage everyday as they struggle with the challenges of recovery. They cry and laugh and are honest and shy. They make mistakes and apologize for them. Most of all, they keep trying even when it is difficult and they feel tired, alone and misunderstood. They share their victories with us, too. What a privilege to witness someone making healthy changes in their life. I am grateful for our graduates who remain in the community and stop by to let us know they are doing well. I appreciate those graduates who live outside the community and keep in touch to let us know they are following through on the decisions they made at the Renaissance House.

We are excited that the residents are now learning about Online Gallery Sales due to our new outreach there and computer skills training. There are so many ways to succeed here and so many reasons to be grateful.

Renaissance House Welcomes Contributions

Your generosity is appreciated. Donations to Renaissance House constitute a substantial portion of its operating income, allowing us to better help our women gain self-sufficiency. The following contribution amounts will purchase these goods/services for the entire client household for one month; however, we welcome gifts and donations of any size:

- \$25 Life Skills Training Materials
- \$50 Children's Educational Supplies
- \$100 Client Recreational Outing
- \$250 Yoga and Tai Chi Instruction
- \$500 Client Nutritional Supplements
- \$750 Vocational Education Program Materials
- \$1000 Food for Clients & Their Children

TO CONTRIBUTE

By Check Payable to: Women's Transition Project. Mail to: PO Box 943, Bisbee, Arizona 85603

By Credit Card: If you prefer to contribute by credit card please visit our web site www.renaissance-house.org/contribute.htm.

Contributions represent your support of our entire mission. To help women move toward healthier living, economic self-reliance, and community reintegration, we use your gifts where they can do the most good by pooling them with the gifts of others as needed.

Your gift is tax deductible. Women's Transition Project, dba Renaissance House, is a Self Certifiable Charitable Organization through the Arizona Tax Credit Program. Contribute to Renaissance House and qualify to receive a matching tax credit.

Your Dollar-for-Dollar Tax Credit Contribution Will Help Change Lives at Renaissance House

Women's Transition Project dba Renaissance House is a qualified participant in the "Helping the Working Poor" Arizona Tax Credit Program. Thanks to the Arizona charitable tax credit law, ARS 43-1088, as a state taxpayer you may now receive up to a \$200 tax credit when you make a qualified charitable contribution. *For more information call Renaissance House at (520) 432-1771 or contact your tax professional.*

TO VOLUNTEER

If you would like to volunteer your time and talents to Renaissance House, please contact us at 520-432-1771.



FY06-07 Donors

- Women's Foundation of Southern Arizona
 - Covenant Presbyterian Church
 - Phelps Dodge Foundation
 - Arizona Community Foundation
 - Jim Click, Jr.
 - Sandra Calhoun
 - United Way
 - FEMA
 - US Department of Housing and Urban Development
 - Arizona Department of Economic Security
 - Bisbee Woman's Club
 - Thunder Vette Set
 - Kiwanis Club
 - Science of Mind Center of Cochise County
 - APS
 - B&D Hardware & Lumber
 - Holder Family Foundation
 - Gabrielle Giffords
 - Peter A. Kelly
- Special thanks also go to Castro Electric, Salesforce.com, Foxworth-Gilbreath, and Richard & Katherine Garnett for their in-kind donations in 2007.

Renaissance House 2007 Staff

- Vicki French, Executive Director and Clinical Director
- Gina Wise, Development Director and Counselor
- Stephanie Money, Bookkeeper and Contracts Manager
- Lou Anne Sterbick-Nelson, Business Coordinator and Gallery Manager
- J.J. Sturdevant, Case Manager
- Angie Martinez, House Supervisor
- Susan Taylor, Assistant Business Coordinator and Behavioral Health Paraprofessional
- Patricia Hubred, Behavioral Health Technician
- Collette Campbell, Behavioral Health Technician
- Jean Mason, Behavioral Health Technician
- Caroline Raven, Behavioral Health Technician
- Joy Stewart, Behavioral Health Paraprofessional
- Heather Gijanto, Behavioral Health Paraprofessional
- Sam Pressley, Woodshop Instructor
- Grady Meadows, Woodshop Instructor
- Nik' Vauters, Wellness Instructor

Renaissance House 2007 Board

- Bob Etter, Chairperson, Development
- Susana Sanders, Vice-Chairperson, Development Chairperson
- Bonnie Finklea, Secretary/Treasurer, Finance, Development
- Terry Babcock-Lumish, Development
- Brian Babcock-Lumish, Development
- Anne Carl, Development
- Radi Ann Porter, Human Resources Chairperson
- Sloane Bouchever, Development

Renaissance House

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Belleza Gallery

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